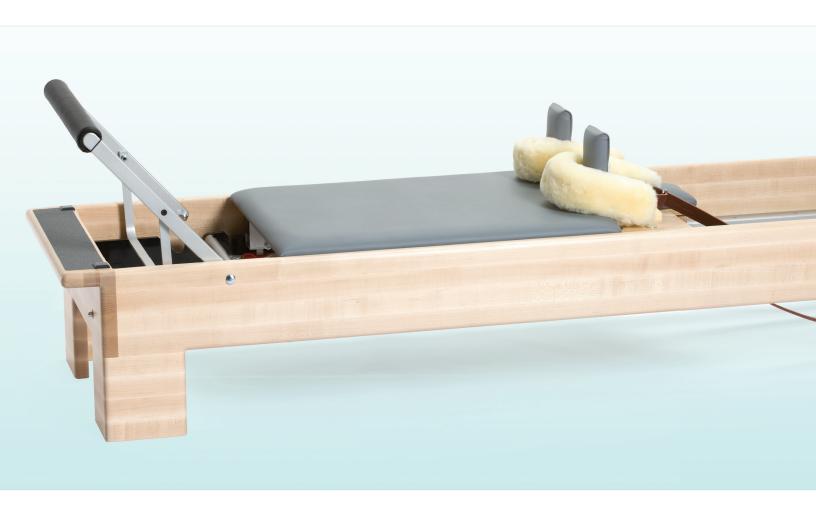
Pilates Equipment

FOR FLETCHER PILATES® STUDIOS AND TEACHING CENTERS







For 20 years a student and protégé of Joseph and Clara Pilates, Ron Fletcher introduced Pilates to the West Coast in the 1970s, leading to a renaissance of the Pilates method.

The international Pilates profession owes much of its momentum to Ron Fletcher.

Ensuring the consistency and continuity of the Fletcher Pilates® lineage, Balanced Body® provides a full line of studio equipment, including the Ron Fletcher™ Reformer made to his precise specifications based on plans given to Ron by Clara Pilates.

Original Pilates Studio Poster

This beautifully detailed photo was given to Ron Fletcher by Clara Plates, and shows the Pilates studio circa 1940. Generously sized at 30" x 24" (76cm x 61cm).



\$39.95 US

"My memory of the old Pilates studio and the feelings of trepidation the first time I walked in is sharp and clear whenever I look at the Balanced Body poster photograph immortalizing that first moment...

Antiquated reformers with huge club feet...bringing to mind some spooky piece from a torture chamber... my eye was caught by the Tower... aha, a guillotine – and there's an electric chair... the Step Barrel, the Ladder Barrel, and a long vertical pole with two springs hanging from a crossbar at the top.

Amongst all this apparatus stood Joe, wearing a rather serious expression. Next to him was dear Clara in her nurse's uniform... and Hannah and John – not one of them with a warm, welcoming smile that said, 'Welcome, come in! This is really a fun place to be!'"

Guillotine Tower with Base

Ron Fletcher called this "... the definitive apparatus for hip and spine articulation." The only version that does not require bolting to the floor or the ceiling, the Guillotine Tower is an extraordinary assessment tool for stability, flexibility and articulation. Included are generously-sized mats, the widest slider bar available, 10 Balanced Body Signature™

springs, plus handles and loops. 10 Year Limited Warranty. \$4250 US

Ladder Barrel

With an innovative, easyto-use foot pedal to adjust distance between ladder rungs and barrel, the Balanced Body Ladder Barrel has 10" of adjustability to accommodate different torso sizes and leg length. Ten preset locations



provide precise, repeatable settings, and double-layer padding offers comfort, stability and support, especially for prone and sidelying exercises.

10 Year Limited Warranty.

\$1675 US

Ron Fletcher™ Reformer

Based on plans given to Ron by Clara Pilates, Balanced Body has built custom Reformers for Fletcher Pilates for



more than 30 years. Classic in design, size and function, the Ron Fletcher™ Reformer comes with adjustable leather straps, 4 Balanced Body Signature™ springs, a 3-position unlocked footbar, 2 "gear" positions, and built-in standing platform. Sitting box, foot strap and a pair of wool fuzzies are also included. Strata® Rock Maple. Limited Lifetime Warranty. \$3895 US

"The Reformer: Joe said, 'It re-forms the body.' The Ron Fletcher Reformer with four springs is an exact copy of the original depicted in the photograph, but re-engineered by Balanced Body with the latest innovations and sleekest design for me, my teachers and students."

Ped-o-Pull

For challenging core stability in an upright position, this classic, space-saving apparatus includes a kidney-shaped base developed for Ron Fletcher, to help properly align the feet. Includes 2 Balanced Body Signature™ springs and handles, plus 2 brackets to stabilize the unit 6" (15cm) from the wall. 10 Year Limited Warranty.





Strong and stable, this is a single-pedal version of our Combo Chair with a height that allows use with the Trapeze Table. Four Balanced Body Signature™ springs deliver the widest resistance range available, with easy changes via the exclusive cactus springtree system and spring tabs. Handles adjust to 3 heights and are also removable. Wheels allow easy transport.

10 Year Limited Warranty.

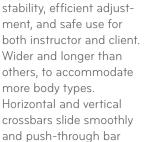
\$1445 US

Clara Barrel (Spine Corrector)

Ron Fletcher reported that Clara Pilates was fond of the Spine Corrector, and this cut-out handle design better facilitates the work she



taught him. The design also lets you stack your barrels neatly out of the way when not in use. Balanced Body wood barrels are three times the thickness of others – the strongest in the industry. 10 Year Limited Warranty.



Trapeze Table (Cadillac)

Engineered for maximum

crossbars slide smoothly and push-through bar adjusts quickly to 3 heights. Also includes

roll-down bar, trapeze bar, package of 12 springs, loops, cuffs and belly strap. Limited Lifetime Warranty.

\$3895 US

"The Cadillac: When I asked Joe, 'Why Cadillac?' he said, 'because it's got every thing and it does everything.' I nicknamed it the trap table and the one Ken makes for me is from the original design. There are a few important differences for the more experienced teachers who know the complete body of work."



Faithful reproductions of Joseph Pilates' Magic Circles feature tempered spring steel with padded wood handles. 16.5" outside diameter. Available in 2-band, 3-band or 4-band resistance.

\$70 to \$87 US

Ron Fletcher™ Braided Towel

Fletcher Towelwork enhances shoulder girdle stabilization and arm movement, opens anterior chest and shoulder muscles, corrects forward head posture and more. Safe and effective for beginners, Towelwork can be done standing, seated or supine.

\$40 US

Upholstered Mat

Raised mats provide an exceptional experience for your clients. Mat includes dowel handles and foot strap. 6"h x 22.5"w x 84"l (15cm x 57cm x 213cm).

\$595 US, or \$795 US with optional Moon Boxes as shown







Exclusively for Fletcher Pilates® Studios

Balanced Body offers special package pricing for Fletcher Pilates studios. Equip your studio with one of these packages and enjoy great savings.

FLETCHER PILATES® SOLO PACKAGE

1 Fletcher Reformer	\$3,895
1 Combo Chair (single pedal)	\$1,445
1 Spine Corrector (Clara Step Barrel)	\$475
1 Ped-o-Pull (kidney-shaped base)	\$495
1 Trapeze Table	\$3,895
1 Ladder Barrel	\$1,675
Package Price, full retail Discounted Package Price	\$11,880 \$11,048

^{*}Finance: \$509.31/mo. for 24 months, or \$356.30/mo for 36 months.

FLETCHER PILATES® DUET PACKAGE

2 Fletcher Reformers	\$7,790
2 Combo Chairs (single pedal)	\$2,890
2 Spine Correctors (Clara Step Barrel)	\$950
1 Ped-o-Pull (kidney-shaped base)	\$495
1 Trapeze Table	\$3,895
1 Ladder Barrel	\$1,675
Package Price, full retail Discounted Package Price	\$17,695 \$15,926

^{*}Finance - \$734.19/mo. for 24 months or \$513.61/mo. for 36 months.

FLETCHER PILATES® CORETET PACKAGE

4 Fletcher Reformers	\$15,580
4 Combo Chairs (single pedal)	\$5,780
4 Spine Correctors (Clara Step Barrel)	\$1,900
1 Ped-o-Pull (kidney-shaped base)	\$495
1 Trapeze Table	\$3,895
1 Ladder Barrel	\$1,675
1 Guillotine Tower w/base	\$4,250
Package Price, full retail	\$33,575
Discounted Package Price	\$28,539

^{*}Finance - \$1,315.65 /mo. for 24 months or \$920.38/mo. for 36 months.

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^{*}Contact Balanced Body for more information about equipment financing.